

NICK VIAL

BIOGRAPHY

Nick Vial is an LA-based award-winning podcast host, best-selling author, entrepreneur, and television personality. He is known for his weekly multi-episode podcast [The Vial Files](#), produced by [Envy Media](#), his leading audio-first lifestyle media company with a focus on pop culture and relationship-themed shows (launched in January 2024).

The Vial Files has amassed over 150 million downloads with an average of 5 million monthly listens, continuously charts at #1 in Society & Culture and #3 Globally on Apple Podcasts, was nominated for a People's Choice Award in 2020, and was voted a Top 10 Podcast of 2019 by AP. The hit series discusses relationships, pop culture, and provides unfiltered dating advice. Also produced under Nick's Envy Media is [Disrespectfully](#), a podcast hosted by *Vanderpump Rules*'s Katie Maloney and Dayna Kathan.

Nick most notably rose to fame after starring in the 21st season of ABC's *The Bachelor* and participating in three prior seasons of the franchise. Nick has also appeared on FOX's *Special Forces*, *Dancing with the Stars*, and completed guest appearances on TV series such as *Insecure*, *Teachers*, *Speechless*, and *Family Guy*. Since *The Bachelor*, Nick has built a name for himself as a contemporary and opinionated dating advice mentor, not just through *The Vial Files*, but also through his weekly Instagram Stories segment, *Ask Nick*, where his followers ask for dating advice.

Nick released his first book in October 2022 - *Don't Text Your Ex Happy Birthday: And Other Advice on Love, Sex, and Dating* - which instantly became a USA Today Best-Seller. The book is an honest, humorous, all-encompassing dating guide for a new generation, and it has been featured in [The New York Times](#), [New York Magazine's The Cut](#), [Esquire](#), and [Glamour](#).

Up next, Nick is teaming up with matchmaker Patti Stanger on CW's unscripted series, [Patti Stanger: The Matchmaker](#), premiering in April 2024. Each episode will feature two clients desperate to find love, with Patti and Nick pushing them to face their fears, identify their emotional core, and in the end, emerge ready to find the one.

Socials:

- [Instagram](#) 1.2M
- [TikTok](#) 1.1M
- [Twitter](#) 284K